

## LEGISLATURE OF PENNSYLVANIA.

## FILE OF THE HOUSE OF REPRESENTATIVES.

No.

645

Session of  
1919.

INTRODUCED BY MR. R. B. FOX, FEBRUARY 25, 1919.

REFERRED TO COMMITTEE ON EDUCATION,  
FEBRUARY 25, 1919.

## AN ACT

Establishing a course of physical education and training in the public schools and normal schools of this Commonwealth creating a Bureau of Physical Education and Training in the Department of Public Instruction and making an appropriation

1 Section 1 *Be it enacted by the Senate and House of Repre-*  
2 *sentatives of the Commonwealth of Pennsylvania in General Assembly*  
3 *met and it is hereby enacted by the authority of the same That*  
4 in all grades of the public schools and normal schools  
5 of this Commonwealth there shall be established a course  
6 of physical education and training under the regulation di-  
7 rection and supervision of a Bureau of Physical Educa-  
8 tion and Training which is hereby created in the De-  
9 partment of Public Instruction

10 Section 2 The Superintendent of Public Instruction  
11 shall appoint by and with the approval of the State  
12 Board of Education a Supervisor of Physical Education  
13 and Training to hold office during good behavior who

1 shall be qualified by experience knowledge and ability to  
2 conduct the work of said Bureau of Physical Education  
3 The salary of the Supervisor shall be four thousand dol-  
4 lars per annum and shall be paid in the same man-  
5 ner as other salaries are now paid The Superintendent  
6 of Public Instruction also may appoint and fix the com-  
7 pensation by and with the approval of the State Board  
8 of Education of such inspectors of physical education and  
9 training clerks stenographers and other employes as may  
10 be necessary in the administration of the affairs of the  
11 Bureau.

12 Section 3 The Supervisor of Physical Education and  
13 training immediately after his appointment shall organize  
14 said Bureau and shall formulate and adopt plans for the  
15 purpose of carrying into effect the provisions of this act  
16 He shall prepare courses suited to the needs of the  
17 pupils of the several grades of such schools according  
18 to the requirements hereinafter contained which when ap-  
19 proved by the Superintendent of Public Instruction shall  
20 constitute the prescribed course in physical education and  
21 training for that particular grade or grades He shall  
22 make such rules and regulations for the establishment of  
23 such courses as he shall deem necessary and shall ad-  
24 vise and assist the various schools in providing adequate  
25 facilities for such instructions He shall see that such  
26 courses are properly conducted after they have been estab-  
27 lished and in general shall have full supervision and di-  
28 rection of the instruction given

29 Section 4 The courses in physical education and train-

1 ing shall be adapted to the ages and capabilities of the  
2 pupils and shall include exercises calisthenics formation  
3 drills organized play games indoor and outdoor sports in-  
4 struction in personal hygiene home sanitation and com-  
5 munity enterprises for the safeguarding of health and  
6 safety and in correcting and preventing bodily deficiency  
7 and such other features and details as may aid in  
8 carrying out these purposes together with instruction as  
9 to the privileges and responsibilities of citizenship as they  
10 relate to community and national welfare with special  
11 reference to developing bodily strength and vigor and pro-  
12 ducing the highest type of patriotic citizenship and in ad-  
13 dition for female pupils instruction in domestic hygiene  
14 first aid and nursing

15 Section 5 After the first day of September one thou-  
16 sand nine hundred and nineteen all pupils excepting  
17 kindergarten pupils attending any public school or normal  
18 school in this Commonwealth shall take such course in  
19 physical education and training as prescribed by the  
20 Supervisor for each grade for periods aggregating nor  
21 more than four hours in each week during the school  
22 year unless physically unfit or incapable of doing so and  
23 then only if excused by the physical instructor of the  
24 school The course in physical education and training shall  
25 be a part of the curriculum prescribed for the several  
26 grades of such schools and the conduct and attainment  
27 of the pupil shall be marked as in other courses or  
28 subjects and the standing of the pupil in connection

1 therewith shall form a part of the requirements for pro-  
2 motion or graduation

3 Section 6 Such physical education and training shall  
4 be conducted by instructors chosen by the board of school  
5 directors of each public school district and by the  
6 trustees or other governing body of such normal schools  
7 in the same manner as other teachers and instructors  
8 are now selected No person however shall be appointed  
9 an instructor of physical education and training in any  
10 of such schools unless he or she has had at least two  
11 years of special training in hygiene and physical educa-  
12 tion in some approved institution for the training of teach-  
13 ers of hygiene and physical education and shall possess  
14 such other qualifications as may be prescribed by the  
15 Supervisor of Physical Education.

16 Section 7 The number and compensation of such in-  
17 structors shall be determined and fixed by the board of  
18 school directors of each school district and by the trustees  
19 or other governing bodies of such normal schools and  
20 such compensation when so fixed shall be paid by the  
21 school district or normal school employing them in the  
22 same manner as the salaries of other teachers and in-  
23 structors of such schools are now paid In determining  
24 the number of such instructors to be employed in each  
25 school district the school directors thereof shall be gov-  
26 erned by the number of pupils attending the various  
27 schools in their district and may provide an instructor  
28 or instructors for each school in the district or they  
29 may assign an instructor to two or more schools if in

1 their opinion the number of pupils attending such schools  
2 does not warrant the employment of an instructor for  
3 each school separately

4 Section 8 The school directors of two or more con-  
5 tiguous school districts of the fourth class or independent  
6 school districts may join in the employment of an in-  
7 structor to give such physical education and training The  
8 salary of such instructor and the expenses incident to  
9 such instruction shall be apportioned among such districts  
10 according to the number of pupils in each district and  
11 when so apportioned shall be a charge upon each of  
12 such districts

13 Section 9 The board of school directors of every  
14 school district and the trustees or other governing body  
15 of every normal school shall establish equip and maintain  
16 such gymnasiums play grounds and other places of recrea-  
17 tion as may be necessary to provide the pupils of such  
18 public schools and normal schools with adequate facilities  
19 for receiving instructions in such courses in physical educa-  
20 tion and training The cost and expense of establishing  
21 equipping and maintaining such gymnasiums play-grounds and  
22 other places of recreation shall be paid by the school  
23 district or normal school in the same manner as other  
24 expenses of such districts and normal schools are paid

25 Section 10 The sum of twenty-five thousand dollars or  
26 so much thereof as may be necessary is hereby specifically  
27 appropriated for the purpose of carrying out the pro-  
28 visions of this act for the two fiscal years beginning

1 the first day of June one thousand nine hundred and  
2 nineteen which sum shall be paid by the State Treas-  
3 urer upon warrants of the Auditor General in the usual  
4 manner

5 Section 11 All acts or parts of acts inconsistent with  
6 the provisions of this act are hereby repealed